# Sophie E. Rodosky

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**EDUCATION** 

Georgetown University, Washington, DC

Expected June 2028

Ph.D. in Psychology, Concentration in Human Development & Public Policy

Advisor: Dr. Anna Johnson

Relay Graduate School of Education, Chicago, IL

M.A. in Special Education (K-21)

June 2022

June 2020

GPA: 4.00/4.00

Honors: Conferred with Distinction, 2022

Dean's List, 2020-2022 (all semesters)

Credentials: Illinois Professional Educator License with Learning Behavior Specialist I endorsement (valid 2022-2028)

Northwestern University, Evanston, IL

B.S. in Education & Social Policy, Concentration in Human Development & Psychological Services

Adjunct Major in International Studies; Minor in French

GPA: 3.99/4.00

Honors: Summa Cum Laude, 2020

Highest GPA, School of Education and Social Policy, 2020

Dean's List, 2016-2020 (all quarters)

Senior Honors Thesis (invitation-only), 2020

Awards: Guetzkow Prize for Outstanding Capstone Paper in International Studies, 2020

Honorable Mention, Best Oral Presentation at the Northwestern Undergraduate Research Exposition, 2020

Certificate of Distinction in Foreign Languages (French), International Studies Program, 2020 Summer Research Grant (\$3,500), Northwestern University Office of Undergraduate Research, 2019

Finalist, Fletcher Undergraduate Research Prize for excellence in summer undergraduate grant research, 2019

RESEARCH EXPERIENCE

Northwestern University Life-Span Development Laboratory, Evanston, IL

Research Assistant & Senior Honors Thesis

January 2019 – January 2023

- For Senior Honors Thesis (Primary advisor: Dr. Claudia M. Haase; Second reader: Dr. Vijay A. Mittal), investigated links between adolescents' and parents' facial expressions and mental health by performing quantitative analyses, including correlational and dyadic modeling
- Reviewed and synthesized literature from affective, clinical, and developmental disciplines to inform thesis
- Invited to Revise and Resubmit final thesis for the American Psychological Association's *Emotion* journal
- As research assistant, continued to perform audiovisual and physiological data analysis and collection for the Youth-Caregiver Interaction Study examining emotions and wellbeing in adolescent-parent relationships

#### Relay Graduate School of Education, Chicago, IL

Master's Capstone Project

September 2021 – June 2022

- For the M.A. capstone research project, ran case study and administered assessments on select student's reading skills
- Analyzed both quantitative and qualitative data to design and implement a yearlong plan for specialized instruction in decoding and fluency, resulting in significant reading growth

#### Northwestern University International Studies Department, Evanston, IL

Senior Capstone Paper

September 2019 – December 2019

- Examined the impact of the legacies of colonialism and race in the French government's policy towards and treatment of migrants, using a post-colonial lens to analyze both primary and secondary sources
- Awarded the Guetzkow Prize for outstanding capstone paper research and writing

### Summer Undergraduate Research Grant Program, Northwestern University, Evanston, IL

Summer Researcher

June 2019 – August 2019

- Received competitive summer grant (\$3,500) to research the link between adolescents' facial expressions of emotion and mental health, using statistical tools (SPSS and automated facial coding) in the Life-Span Development Laboratory
- Designed and executed study from initial hypothesis formulation through to literature review and data analysis
- Selected to present findings in a competitive Poster Spotlight session at Society for Affective Science Conference 2020

MANUSCRIPTS AND POSTERS

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- **Rodosky, S.E.,** Stephens, J.E., Hittner, E.F., Rompilla, D.B., Jr, Mittal, V.A., & Haase, C.M. (Revise and Resubmit). Facial expressions in adolescent-parent interactions and mental health: A proof-of-concept study. *Emotion*.
- **Rodosky**, S.E. (2020, May). Facial expressions in adolescent-parent interactions and links with anxiety and depression: A dyadic approach [Oral presentation]. Northwestern Undergraduate Research Exposition, Virtual.
- **Rodosky, S.E.,** Stephens, J.E., Gupta, T., Mittal, V.A., & Haase, C.M. (2020, April). *Not expressing emotions and links with anxiety and depression: A laboratory-based study of adolescent-caregiver conversations* [Spotlight poster presentation]. Society for Affective Science conference, Virtual.

#### TEACHING EXPERIENCE

# Chicago International Charter School Bucktown, Chicago, IL

Special Education Teacher

August 2021 - August 2023

- Plan and deliver targeted math and reading instruction in both general education and self-contained settings for 4<sup>th</sup>-6<sup>th</sup> graders with Individualized Education Plans (IEPs) to improve educational outcomes
- Create, revise, and manage IEPs for a caseload of 15 students receiving both academic and related services
- Mentor new special educators to support their development in implementing specialized instruction and writing IEPs
- Created and facilitated weekly afterschool STEM club for 3<sup>rd</sup>-8<sup>th</sup> graders to empower students to build STEM skills

#### Great Lakes Academy Charter School, Chicago, IL

Special Education Resident Teacher

August 2020 – June 2021

- Independently planned and delivered instruction for all subjects for 7 2<sup>nd</sup>-6<sup>th</sup> graders with IEPs in self-contained setting
- Provided small-group instruction and consulted with colleagues to support K-3 students with IEPs in general education
- Wrote, revised, and progress-monitored IEPs for a caseload of 18 students receiving both academic and related services
- Co-founded and coached a Girls on the Run team, fostering fitness, confidence, and wellbeing in 3<sup>rd</sup>-5<sup>th</sup> grade girls

# Family Focus, Evanston, IL

Summer Intern

June 2018 – August 2018

- Created and taught introductory French curriculum to 40 elementary and middle school students
- Developed a database of grants to fund Family Focus' programs and identified high-potential opportunities to pursue

## LEADERSHIP EXPERIENCE

#### Northwestern University Office of Social Justice Education, Evanston, IL

Peer Inclusion Educator

October 2019 – June 2020

Facilitated workshops for on-campus peer groups to foster dialogue and drive action on diversity and inclusion issues

# Project SOAR Mentorship Program, Evanston, IL

Mentor

October 2017 – August 2019

- Mentored a middle school student weekly through meaningful conversation and cultural activities
- Fostered social and emotional learning to improve mentee's positive relationship skills and goal achievement

# Challah for Hunger at Northwestern University, Evanston, IL

President

April 2018 – March 2019

- Managed the baking and sale of challah bread to fundraise for organizations combatting hunger and food insecurity, raising ~\$10,000 in donations
- Collaborated with other student groups to recruit volunteers, arrange profit shares, and spread hunger issue awareness

#### SKILLS AND INTERESTS

- Technical Skills: Microsoft Office, SPSS, AMOS (actor-partner interdependence modeling), FaceReader (automated facial expression coding software)
- Language Skills: French (fluent)
- Interests: Reading and writing creative non-fiction and poetry, French cooking and baking, long-distance running